Your Second Innings Readiness Checklist

You spent decades building your career. This checklist shows where you stand today, and the one step to take next.

How to use it: Tick a box only if the statement is **true for you today**. Be honest. Nobody sees this but you. It takes 7 minutes.

1 IDENTITY

Who am I beyond my job title?

- [ ] I can describe who I am beyond my job title in one sentence.
- [ ] I know what I want to be known for in my next chapter.
- [ ] I have spoken to someone about my plans for life after my career.
- [ ] I know which strengths people have always valued in me.
- [ ] I feel more excited than afraid when I think about my next chapter.

2 IMPACT

Who do I want to help, and how?

- [ ] I can name the specific people or problem I most want to help.
- [ ] I know which of my experiences others would value learning from.
- [ ] In the last 3 months, I have helped someone using my experience.
- [ ] I can explain what I do in one sentence a stranger would understand.
- [ ] I have a way to reach the people I want to help (a community, list or channel).

3 INCOME

Can my experience become steady income?

- [ ] I know which of my skills can become a service (coaching, consulting, training or mentoring).
- [ ] I have a rough monthly income number I want from my second innings.
- [ ] I have a first small offer in mind, even if it is not perfect yet.
- [ ] I have asked at least one person whether they would pay for it.
- [ ] I have a simple 90-day plan, not just a hope.

4 LEGACY

What will remain because of me?

- [ ] I know what I want people to say I stood for.
- [ ] I have written down my key lessons, stories or frameworks.
- [ ] I share my knowledge publicly (video, writing or talks) at least once a week.
- [ ] I have mentored or taught at least one person in my chosen direction.
- [ ] I have a clear picture of where I want to be 3 years from now.

Count your ticks

My score: _____ / 20

16 to 20 ticks: Launch-ready. Your foundation is strong. It is time to go public and build your first offer.

9 to 15 ticks: Nearly there. Pick the section with the fewest ticks and work on only that for 30 days.

0 to 8 ticks: Start with Identity. Everything else grows from knowing who you are now. This is a beginning, not a failing.

From “Kal Se” to “Aaj Se”

The one thing I will do this week:

_____

_____

Ready for your next step?

Watch new videos every **Tuesday and Friday** on YouTube:
youtube.com/@secondinningswithmeena

Then comment **START** on any video and tell me what is holding you back. Meena reads every comment.

Explore Second Innings: **second-act-impact.lovable.app**

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